

LITTLE ANGELS SCHOOL



Sector IX, Ukkunagaram

NCC NEWSLETTER

JUNE 2024

HIGHLIGHTS

**1.INTERNATIONAL YOGA
DAY CELEBRATIONS.**

**“YOGA IS A LIGHT,
WHICH ONCE LIT,
WILL NEVER DIM.
THE BETTER YOUR
PRACTICE, THE
BRIGHTER YOUR
FLAME.”**

- On 21st June 2024, International Yoga Day was celebrated at our school.
- Mrs. Sridevi, a trainer and Yoga enthusiast, addressed the students and enumerated the benefits of Yoga. She also demonstrated many asanas.
- A PowerPoint Presentation was conducted by the cadets highlighting the importance, history and benefits of Yoga.
- The girl cadets of 2A Girls BN NCC participated in various Yogasanas.
- The Principal spoke about the importance of staying fit and integrating Yoga into our lives to maintain good health.







